

# Small Group Guide

Week of  
October 27,  
2024



Rooted in  
the  
Process



## Icebreaker



- If you were a superhero, what would your "one weakness" be that others wouldn't expect?
- What's one thing you thought would be easy, but turned out to be much harder than you expected?



## Discussion Questions



- Naaman struggled with pride when his healing process didn't match his expectations. Have you ever had a moment where God's plan didn't look the way you thought it would? How did you respond?
- How do you handle seasons when progress feels slow or invisible? What helps you remain faithful?
- Naaman almost walked away from his breakthrough. Have you ever been close to giving up on something God was doing in your life? What kept you going?
- The idea of "big BUTs" in life was shared. What are some areas in your life where a small issue overshadows the bigger picture? How can you surrender that to God?
- We were challenged to "turn to God" as a foundational step in overcoming dysfunctions. What are some ways you can practically turn to God when you're facing a challenge or struggle?
- Naaman's friends spoke life into him, encouraging him to continue with the process. Who are the faithful friends in your life that encourage and challenge you? How can you be that person for someone else?
- Pride often keeps us from obedience. What areas of pride or self-reliance do you need to surrender to God?
- Where have you seen God transform dysfunctional areas in your life, and what's the next area you feel He's working on?



## Thought for the Group



We looked at the story of Naaman from 2 Kings 5—a successful military commander who had everything going for him, BUT he had leprosy. Naaman's story gives us a roadmap for how to deal with our own dysfunctions, those things that hold us back.

Naaman's journey to healing didn't start with some big spiritual moment—it started when someone pointed him to God. When life gets hard, how often do we try to handle things on our own before we actually bring it to Him?

When Naaman finally got to the prophet Elisha, he was expecting some big, flashy miracle. Instead, Elisha told him to do something simple: go wash in the Jordan River. God often works through the basics. Sometimes, the healing or breakthrough we're looking for comes from doing the small, everyday acts of obedience.

Naaman almost missed his chance at healing because of his pride, but his friends stepped in and encouraged him to follow through.

We all need people in our lives who will speak truth to us, especially when we're about to give up.

Naaman had to dip in the river seven times before he saw any change, here's the key: God often works in a process, not in a quick fix.

God wants to bring healing and transformation into our lives, but it usually doesn't happen overnight. It takes trust, obedience, and staying faithful even when we can't see the results yet.



## Next Steps



- Take time to reflect on the area of dysfunction or struggle in your life. In your prayer time, intentionally name it before God and ask for His help in surrendering it to Him.
- Reach out to at least one person in your life who encourages you in your faith. Thank them for being that person and commit to meeting or connecting with them this week. If you feel a gap in your friendships, take a step to join or start a small group or community where you can build those relationships.